

Pre School Lunch Menu 1 – Michaelmas Term 2024

Week Commencing: 02/09/2024 02/09/2024 16/09/2024 30/09/2024 14/10/2024	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Baked Battered Chicken Bites	Pork Stew	Beef Meatballs with Tomato and Basil Sauce	Lemon and Herbs Chicken Thigh	Oven Baked Fish Fingers or Battered Fish
Vegetarian	Battered Tofu with Garlic and Chilli Pak Choi	Quorn and Vegetable Stew	Gnocchi with Creamy Mushroom Sauce	Caramelized Onion and Cheese Tart	Cheese and Tomato Omelette
Carbohydrates and Sides	Egg Noodles Sweet and Sour Sauce	Potato Wedges	Pasta	Roast Potatoes Gravy	Fries
Seasonal Vegetables	Vegetable Stir Fry	Broccoli	Roasted Courgettes	Baton Carrots Braised Savoy Cabbage	Baked Peas Garden Peas
Desserts	Fresh Fruit Salad	Jelly	Yoghurt	Fresh Fruit Salad	Jelly

Pre School Lunch Menu 2 – Michaelmas Term 2024

Week Commencing: 09/09/2024 23/09/2024 07/10/2024 21/10/2024	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Beef Bolognese	Pork Sausages	Chicken Gyros (Marinated Greek Style Chicken)	Meat Feast Pizza	Oven Baked Fish Fingers or Battered Fish
Vegetarian	Butter Beans and Vegetables Sauce	Stuffed Courgettes	Falafel	Cheese and Tomato Pizza	Cheese and Butternut Squash Macaroni
Carbohydrates and Sides	Pasta Garlic Bread	Mashed Potatoes, Gravy	Sweet Potato Fries Khobez Flat Bread Tzatzyki	Corn on the Cob	Chips
Seasonal Vegetables	Green Beans	Petit Pois	Roasted Mix Veg Fresh Grated Carrot Red Cabbage Slaw	Coleslaw	Baked Beans Garden Peas
Desserts	Jelly	Yogurt	Fresh Fruit Salad	Jelly	Yogurt