

MORNING MENU- WEEK 3 commencing: 5/5/2025, 2/6/2025 & 23/6/2025

STAY HYDRATED

Help yourself to Tea, Coffee, Still Water and Selection of Fruit Juices (vg)

KITCHEN FAVOURITES

MARKET FRESH

(v) vegetarian, (vg) vegan

MONDAY

Scrambled Egg
Hash Browns
Bacon
Baked Beans (Vg)

Yoghurt (2 Types), Fresh Cut Fruit, Granola, Porridge, Toppers, Juices, Cereals, Smoothies & Overnight Oats.

TUESDAY

Croissants – Ham & Cheese
Plain Croissants (V)
French Toast Blueberry Bake
Frittata
Baked Beans (Vg)

Yoghurt (2 Types), Fresh Cut Fruit, Granola, Porridge, Toppers, Fruit Compote, Juices, Cereals & Banana Bread.

WEDNESDAY

Poached Eggs (V)
Shakshuka
Sausages
Vegan Sausage (Vg)
Baked Beans (Vg)

Yoghurt (2 Types), Fresh Cut Fruit, Granola, Porridge, Toppers, Juices, Cereals, Smoothies & Overnight Oats.

THURSDAY

English Muffins Bar
Square Sausages
Mini Omelette (V)
Bacon
Baked Beans (Vg)

Yoghurt (2 Types), Fresh Cut Fruit, Granola, Porridge, Toppers, Juices & Cereals.

FRIDAY

Fried Eggs
Sausages
Mushrooms (Vg)
Baked Beans (Vg)

Yoghurt (2 Types), Fresh Cut Fruit, Granola, Porridge, Toppers, Juices, Cereals, Smoothies & Overnight Oats.

SATURDAY

Pancakes & Waffles
Multiple Toppings
Bacon
Boiled Eggs (V)
Baked Beans (Vg)

Yoghurt (2 Types), Fresh Cut Fruit, Granola, Toppers, Juices, Cereals, Banana Bread & Breakfast Bars.

SUNDAY BRUNCH

Sausage, Bacon, Fried Eggs, Mushroom, Beans,
Tomato & Hash Browns
Chefs Choice of Homemade Sweet Treats

Yoghurt (2 Types), Fresh Cut Fruit, Granola, Toppers, Juices, Smoothies, Cereals & Fruit Compote.

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LUNCH MENU - WEEK 3 commencing: 5/5/2025, 2/6/2025 & 23/6/2025

Salads - All vegan unless stated on counters
Desserts - All vegetarian unless stated on counters
Soups - Please check on the day for (V) or (VG)

(v) vegetarian, (vg) vegan

SOMETHING SWEET

MARKET FRESH

MONDAY KITCHEN FAVOURITES

MAINS
Beef Lasagna
Pork & Chorizo
Aubergine Parmigiana (V)

SIDES
Herby New Potatoes (V)
Garlic Bread
Red Onions (V)
Sweetcorn (V)

SALAD BAR SELECTION
Courgette Ribbon Salad
Cannellini Bean Salad
Cucumber & Cranberry Salad
Pesto Slaw
Lemon & Herb Vinaigrette
Classic Italian Dressing
Cucumber
Tomatoes
Mixed Salad

WORLD FOOD BAR
Pasta (V)
Rich Tomato Sauce (V)

DESSERT STATION
Banoffee Pots
Jelly (Vg)
FreshFruit (Vg)

TUESDAY WORLD TOUR

MAINS
Chicken Teriyaki
Pork Shoulder Steaks
Korean Tofu (V)

SIDES
Noodles
Broccoli (V)
Stir Fry Vegetables (V)

SALAD BAR SELECTION
Sweetcorn & Apple Salad
Greek Orzo Salad
Sundried Tomato Salad
Asian Slaw
Honey & Balsamic Dressing
Garlic & Dijon Mustard Vinaigrette
Cucumber
Tomatoes
Mixed Salad

WORLD FOOD BAR
Pasta (V)
Rich Tomato Sauce (V)

DESSERT STATION
Vanilla Chocolate Chip
Sponge with Custard
Jelly (Vg)
Fresh Fruit (Vg)

WEDNESDAY KITCHEN FAVOURITES

MAINS
Roasted Pork
Baked Breaded Fish
Stuffed Peppers (V)

SIDES
Crispy Roast Potatoes (V)
Spring Greens (V)
Cauliflower Cheese
Yorkshire Pudding
Gravy (V)

SALAD BAR SELECTION
Summer Quinoa Salad
Tomato Baton Leaf Salad
Mediterranean Salad
Rainbow Slaw
Maple & Dijon Mustard Dressing
Tahini Yogurt Dressing
Cucumber
Tomatoes
Mixed Salad

WORLD FOOD BAR
Pasta (V)
Rich Tomato Sauce (V)

DESSERT STATION
Peaches & Cream Pots
with Wafer Biscuits
Jelly (Vg)
Fresh Fruit (Vg)

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**THURSDAY
 WORLD TOUR**

<p>MAINS Buttermilk Fried Chicken with Korean Sauce Beef Rendang Gnocchi Cheese Bake (V)</p> <p>SIDES Rice Corn on the Cob (V) Korean Cabbage</p>	<p>SALAD BAR SELECTION Asian Cucumber Noodle Salad Classic Potato Salad Soy Shredded Carrot Salad Asian Slaw Honey & Balsamic Dressing Sesame & Soy Vinaigrette Cucumber Tomatoes Mixed Salad</p>	<p>WORLD FOOD BAR Pasta (V) Tomato Sauce (V)</p>	<p>DESSERT STATION Apple Crumble with Custard Jelly (Vg) Fresh Fruit (Vg)</p>
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**FRIDAY
 KITCHEN FAVOURITES**

<p>MAINS Battered Fish & Chips Jumbo Sausage Cliftons Classic Macaroni Cheese (V)</p> <p>SIDES Chips (V) Peas (V) Mushy Peas (V) Curry Sauce (V)</p>	<p>SALAD BAR SELECTION Sriracha Potato Salad Mint & Cucumber Salad Tartar Salad Beetroot Slaw Sundried Tomato & Basil Dressing Lemon & Mint Dressing Cucumber Tomatoes Mixed Salad</p>	<p>WORLD FOOD BAR Pasta (V) Tomato Sauce (V)</p>	<p>DESSERT STATION Australian Crunch with Chocolate Topping Jelly (Vg) Fresh Fruit (Vg)</p>
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SATURDAY

<p>MAINS Japanese Chicken Curry Sweet Potato Steaks with Salsa (V)</p> <p>SIDES Rice(V) Stir Fry Vegetables (V)</p>	<p>SALAD BAR SELECTION Mixed Bean Orzo Salad Oregano & Lemon Dressing Cucumber Tomatoes Mixed Salad</p>	<p>WORLD FOOD BAR Pasta (V) Tomato Sauce (V)</p>	<p>DESSERT STATION Flapjack Jelly (Vg) Fresh Fruit (Vg)</p>
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SUPPER MENU - WEEK 3

commencing: 5/5/2025, 2/6/2025 & 23/6/2025

Salads - All vegan unless stated on counters
 Desserts - All vegetarian unless stated on counters

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MARKET FRESH

SOMETHING SWEET

MONDAY

MAINS
 Fish Goujons Tacos
 Sweet Potato Chilli Enchiladas (v)

SIDES
 Spiced Rice
 Sweetcorn with Chilli Butter

SALAD BAR SELECTION
 Courgette Ribbon Salad
 Cannellini Bean Salad
 Cucumber & Cranberry Salad
 Pesto Slaw
 Lemon & Herb Vinaigrette
 Classic Italian Dressing
 Cucumber
 Tomatoes
 Mixed Salad

WORLD FOOD BAR
 Pasta (v)
 Tomato Sauce (v)

DESSERT STATION
 Lemon & Blueberry Drizzle Cake
 Fresh Fruit (Vg)
 Jelly (Vg)

TUESDAY

MAINS
 Beef Ragu
 Tortellini Bake (v)

SIDES
 Pasta
 Garlic Bread
 Peas & Carrots (v)

SALAD BAR SELECTION
 Sweetcorn & Apple Salad
 Greek Orzo Salad
 Sundried Tomato Salad
 Asian Slaw
 Honey & Balsamic Dressing
 Garlic & Dijon Mustard Vinaigrette
 Cucumber
 Tomatoes
 Mixed Salad

WORLD FOOD BAR
 Pasta (v)
 Tomato Sauce (v)

DESSERT STATION
 Honeycomb Chocolate Pots
 Fresh Fruit (Vg)
 Jelly (Vg)

WEDNESDAY

MAINS
 Mexican Grilled Chicken
 Red Onion & Goats Cheese Tarts (v)

SIDES
 Rice
 Nachos (v)
 Sour Cream (v), Salsa (v), Guacamole (v)
 Crispy Onions (v)
 Nacho Cheese (v)

SALAD BAR SELECTION
 Summer Quinoa Salad
 Tomato Baton Leaf Salad
 Mediterranean Salad
 Rainbow Slaw
 Maple & Dijon Mustard Dressing
 Tahini Yogurt Dressing
 Cucumber
 Tomatoes
 Mixed Salad

WORLD FOOD BAR
 Pasta (v)
 Tomato Sauce (v)

DESSERT STATION
 Cinnamon Rolls
 Fresh Fruit (Vg)
 Jelly (Vg)

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	WORLD TOUR	MARKET FRESH		SOMETHING SWEET
THURSDAY	<p>MAINS ! Pizza Planet!! Margarita & BBQ Chicken</p> <p>SIDES Red Pesto Pasta (v) Roasted Vegetable Medley (v)</p>	<p>SALAD BAR SELECTION Asian Cucumber Noodle Salad Classic Potato Salad Soy Shredded Carrot Salad Asian Slaw Honey & Balsamic Dressing Sesame & Soy Vinaigrette Cucumber Tomatoes Mixed Salad</p>	<p>WORLD FOOD BAR Pasta (v) Tomato Sauce (v)</p>	<p>DESSERT STATION Mango & White Chocolate Cheesecake Pots Fresh Fruit (Vg) Jelly (Vg)</p>
FRIDAY	<p>MAINS Lamb Kebabs (v) Houmous & Roasted Vegetable Pittas (v)</p> <p>SIDES Pitta Bread & Flatbreads Pickled Red Cabbage (v) Honey Roasted Carrots (v)</p>	<p>SALAD BAR SELECTION Sriracha Potato Salad Mint & Cucumber Salad Tartar Salad Beetroot Slaw Sundried Tomato & Basil Dressing Lemon & Mint Dressing Cucumber Tomatoes Mixed Salad</p>	<p>WORLD FOOD BAR Pasta (v) Tomato Sauce (v)</p>	<p>DESSERT STATION Greek Yogurt with Honey & Strawberry Puree Fresh Fruit(Vg) Jelly (Vg)</p>
SATURDAY	<p>MAINS Dirty Loaded Chicken Wedges (Cheese, BBQ & Ranch Sauce) (v) BBQ Vegetable Loaded Wedges (v)</p> <p>SIDES Potato Wedges (v) Slaw (v), Nachos Cheese (v) Selection of Toppings (v)</p>	<p>SALAD BAR SELECTION Mixed Bean Orzo Salad Oregano & Lemon Dressing Cucumber Tomatoes Mixed Salad</p>	<p>WORLD FOOD BAR Pasta (v) Tomato Sauce (v)</p>	<p>DESSERT STATION Chef's Choice Fresh Fruit(Vg) Jelly (Vg)</p>
SUNDAY	<p>MAINS Roast Chicken Thighs Vegetarian Wellington (v)</p> <p>SIDES Crispy Roast Potatoes (v) Rosemary Glazed Carrots (v) Gravy (v)</p>	<p>SALAD BAR SELECTION A Selection of Freshly Prepared Salads Available Daily</p>	<p>PASTA BAR Pasta (v) Tomato Sauce (v)</p>	<p>Chef's Choice Fresh Fruit (Vg) Jelly (Vg)</p>

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