

# MORNING MENU

## STAY HYDRATED

Help yourself to Tea, Coffee, Still Water and Selection of Fruit Juices (vg)

### KITCHEN FAVOURITES

### MARKET FRESH

(v) vegetarian, (vg) vegan

**MONDAY**

Bacon  
Vegetarian Sausage (vg)  
Boiled Egg (v)  
Baked Beans

Porridge (v), Yoghurt (v), Cereal Selection and Fresh Fruit Platter (vg)  
Plus a selection of toppers including Dried Fruit and Compote (vg)

**TUESDAY**

Sausage  
Scrambled Eggs (v)  
Baked Beans

Pain au Chocolat, Porridge (v), Yoghurt (v), Cereal Selection and Fresh Fruit Platter (vg)  
Plus a selection of toppers including Dried Fruit and Compote (vg)

**WEDNESDAY**

Bacon  
Vegetarian Sausage (vg)  
Omelette (v)  
Baked Beans

Porridge (v), Yoghurt (v), Cereal Selection and Fresh Fruit Platter (vg)  
Plus a selection of toppers including Dried Fruit and Compote (vg)

**THURSDAY**

Sausage  
Boiled Eggs (v)  
Baked Beans

Croissant, Porridge (v), Yoghurt (v), Cereal Selection and Fresh Fruit Platter (vg)  
Plus a selection of toppers including Dried Fruit and Compote (vg)

**FRIDAY**

Bacon  
Vegetarian Sausage (vg)  
Scrambled Eggs  
Baked Beans

Porridge (v), Yoghurt (v), Cereal Selection and Fresh Fruit Platter (vg)  
Plus a selection of toppers including Dried Fruit and Compote (vg)

**SATURDAY**

Sausage  
Omelette (v)  
Baked Beans

Porridge (v), Yoghurt (v), Cereal Selection and Fresh Fruit Platter (vg)  
Plus a selection of toppers including Dried Fruit and Compote (vg)

**SUNDAY BRUNCH**

Pork Sausages  
Vegan Sausages (vg)  
Halal Sausages  
Back Bacon  
Fried Egg (v)  
Grilled Tomatoes (vg)  
Mushrooms (vg)  
Baked Beans (vg)  
Hash Browns (vg)

Pain au Chocolat (v)  
Yoghurt Bar (v)

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# LUNCH MENU - WEEK 3

Week 3 commencing: 16/9/2024 & 7/10/2024

(v) vegetarian, (vg) vegan

**Salads - All vegan unless stated on counters**

**Desserts - All vegetarian unless stated on counters**

**MARKET FRESH**

**SOMETHING SWEET**

## MONDAY KITCHEN FAVOURITES

**MAINS**  
Tonkatsu Beef  
Teriyaki Chicken  
Miso & Aubergine & Tofu Bake (vg)

**SIDES**  
Noodles (v)  
Stir Fry Vegetables(vg)  
Sesame & Garlic Green Beans (vg)

**SALAD**  
Clifton Kitchen Salad Bar  
Featuring  
Freshly Prepared Ingredients  
&  
Classic Compound Salads

**JACKET AND PASTA BAR**  
Jacket Potatoes (vg)  
Pasta (vg)  
Tomato and Basil (vg)  
Baked Beans (vg)

Chocolate Chip Cookie Bar  
Jelly (vg)  
FreshFruit (vg)

## TUESDAY WORLD TOUR

**MAINS**  
Jamaican Curry Chicken  
Jerk Pork Steaks  
Caribbean Sweet Potato & Chickpeas (vg)

**SIDES**  
Rice & Peas(vg)  
Collared Greens (vg)  
Corn & Peppers (vg)

**SALAD**  
Clifton Kitchen Salad Bar  
Featuring  
Freshly Prepared Ingredients  
&  
Classic Compound Salads

**JACKET AND PASTA BAR**  
Jacket Potatoes (vg)  
Pasta (vg)  
Tomato and Basil (vg)  
Baked Beans (vg)

Fruit Salad Pot  
Jelly  
Fresh Fruit (vg)

## WEDNESDAY KITCHEN FAVOURITES

**MAINS**  
Roast Chicken  
Jumbo Sausage  
Leek, Apple & Cheddar Tart (v)

**SIDES**  
Roast Potatoes (vg)  
Broccoli (vg)  
Thyme Carrots (vg)  
Gravy (vg)

**SALAD**  
Clifton Kitchen Salad Bar  
Featuring  
Freshly Prepared Ingredients  
&  
Classic Compound Salads

**JACKET AND PASTA BAR**  
Jacket Potatoes (vg)  
Pasta (vg)  
Tomato and Basil (vg)  
Baked Beans (vg)

Ginger Cake with White  
Chocolate & Cream  
Cheese Icing  
Jelly  
Fresh Fruit (vg)

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## THURSDAY WORLD TOUR

**MAINS**  
Italian Pork with Peppers  
Chicken with Tomatoes & Capers  
Tuscan Lentil, Vegetable & Mozzarella Bake (v)

**SIDES**  
Pasta (vg)  
Mezzaluna Bread (v)  
Garlic & Herb Greens(vg)  
Basil Roasted Butternut (vg)  
Red Pesto Mayonnaise (v)

**SALAD**  
Clifton Kitchen Salad Bar  
Featuring  
Freshly Prepared Ingredients  
&  
Classic Compound Salads

**JACKET AND PASTA BAR**  
Jacket Potatoes (vg)  
Pasta (vg)  
Tomato and Basil (vg)  
Baked Beans (vg)

Lemon Drizzle Cake with  
Cream  
Jelly  
Fresh Fruit (vg)

## FRIDAY KITCHEN FAVOURITES

**MAINS**  
Battered Fish  
Breaded Chicken Fillet  
Roasted Vegetable & Halloumi Pie (v)

**SIDES**  
Chips (vg)  
Mushy Peas (vg)  
Peas (vg)  
Lemon Wedges (vg)  
Curry Sauce  
Tartare Sauce

**SALAD**  
Clifton Kitchen Salad Bar  
Featuring  
Freshly Prepared Ingredients  
&  
Classic Compound Salads

**JACKET AND PASTA BAR**  
Jacket Potatoes (vg)  
Pasta (vg)  
Tomato and Basil (vg)  
Baked Beans (vg)

Berry Crumble with Custard  
Jelly  
Fresh Fruit (vg)

## SATURDAY

**MAINS**  
Chicken Tikka Masala  
Mushroom Korma (v)

**SIDES**  
Cardamom Rice (vg)  
Saute Courgettes (vg)  
Sweet Potato & Spinach Dahl (vg)  
Turmeric Cauliflower (vg)

**SALAD**  
Clifton Kitchen Salad Bar  
Featuring  
Freshly Prepared Ingredients  
&  
Classic Compound Salads

**JACKET AND PASTA BAR**  
Jacket Potatoes (vg)  
Pasta (vg)  
Tomato and Basil  
Baked Beans (vg)

Chocolate Brownie with  
Cream  
Jelly  
Fresh Fruit (vg)

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# SUPPER SUPPER MENU - WEEK 3

Week 3 commencing: 16/9/2024 & 7/10/2024

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**Desserts - All vegetarian unless stated on counters**

(v) vegetarian, (vg) vegan

## MARKET FRESH

## SOMETHING SWEET

### MONDAY

**MAINS**  
Tuna Pasta Bake  
Ricotta Spinach & Lentil Lasagne (v)

**SIDES**  
Garlic Bread (v)  
Peas & Peppers (vg)  
Pesto (v)

**SALAD**  
Clifton Kitchen Salad Bar  
Featuring  
Freshly Prepared Ingredients  
&  
Classic Compound Salads

**JACKET AND PASTA BAR**  
Jacket Potatoes (vg)  
Pasta (vg)  
Chefs Choice

Jelly & Berry Pot  
Fresh Fruit (vg)  
Jelly

### TUESDAY

**MAINS**  
Texas Roadhouse Beef Chilli  
Quorn & Corn Vegetable Chilli (v)

**SIDES**  
Potato Wedges (vg)  
Paprika Cauliflower (vg)  
Guacamole (vg)  
Sour Cream (v)

**SALAD**  
Clifton Kitchen Salad Bar  
Featuring  
Freshly Prepared Ingredients  
&  
Classic Compound Salads

**JACKET AND PASTA BAR**  
Jacket Potatoes (vg)  
Pasta (vg)  
Chefs Choice

Bara Brith (Welsh Tea Bread) with Butter  
Fresh Fruit (vg)  
Jelly

### WEDNESDAY

**MAINS**  
Greek Lamb & Olive  
Butternut & Mushroom Filo (v)

**SIDES**  
Vegetable Couscous (vg)  
Saute Courgettes (vg)

**SALAD**  
Clifton Kitchen Salad Bar  
Featuring  
Freshly Prepared Ingredients  
&  
Classic Compound Salads

**JACKET AND PASTA BAR**  
Jacket Potatoes (vg)  
Pasta (vg)  
Chefs Choice

Peach Melba Pavlova Pot  
Fresh Fruit (vg)  
Jelly

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# SUPPER MENU - WEEK 3

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**Desserts - All vegetarian unless stated on counters**

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	WORLD TOUR	MARKET FRESH	SOMETHING SWEET	
THURSDAY	<p><b>MAINS</b></p> <p>Filipino Beef Adobo Slow Cooked in a Tangy Coconut Sauce            Tofu Rendang - Crisp Tofu in a Fragrant Indonesian Sauce (vg)</p> <p><b>SIDES</b></p> <p>Steamed Rice (vg)            Chinese Leaf &amp; Bok Choi (vg)</p>	<p><b>SALAD</b></p> <p>Clifton Kitchen Salad Bar Featuring Freshly Prepared Ingredients &amp; Classic Compound Salads</p>	<p><b>JACKET AND PASTA BAR</b></p> <p>Jacket Potatoes (vg)            Pasta (vg)            Tomato Sauce            Baked Beans            Chef's Choice</p>	<p>Chocolate Cake            Fresh Fruit (vg)            Jelly</p>
FRIDAY	<p><b>MAINS</b></p> <p>Chicken Enchilada            Back Bean &amp; Quinoa Peppers with Cheese &amp; Avocado Dressing (v)</p> <p><b>SIDES</b></p> <p>Herby New Potatoes (vg)            Sweetcorn &amp; Peppers (vg)</p>	<p><b>SALAD</b></p> <p>Clifton Kitchen Salad Bar Featuring Freshly Prepared Ingredients &amp; Classic Compound Salads</p>	<p><b>JACKET AND PASTA BAR</b></p> <p>Jacket Potatoes (vg)            Tomato Sauce            Baked Beans</p>	<p>White Chocolate &amp; Mango Cheesecake Pot            Fresh Fruit (vg)            Jelly</p>
SATURDAY	<p><b>MAINS</b></p> <p>Classic Beef Burger, Lettuce, Tomato, Burger Sauce, Onion &amp; Gherkin            Spicy Bean Burger (v)</p> <p><b>SIDES</b></p> <p>Lemon &amp; Garlic Coleslaw(vg)            Sweet Pickled Cucumber            Skinny Fries (vg)            Mixed vegetables (vg)</p>	<p><b>SALAD</b></p> <p>Clifton Kitchen Salad Bar Featuring Freshly Prepared Ingredients &amp; Classic Compound Salads</p>	<p><b>PASTA BAR</b></p> <p>Pasta            Tomato Sauce</p>	<p>Chef's Choice            Fresh Fruit (vg)            Jelly</p>
SUNDAY	<p><b>MAINS</b></p> <p>Sesame Pork            Korean Spiced Quorn Fillet (vg)</p>	<p><b>SIDES</b></p> <p>Rice (vg) Kimchi Greens (vg), Peas &amp; Corn with Coriander &amp; Spring Onions (vg), Miso Gravy (vg)</p>	<p><b>PASTA BAR</b></p> <p>Pasta            Tomato Sauce</p>	<p>Chef's Choice            Fresh Fruit (vg)            Jelly</p>

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