# MORNING MENU-WEEK 3

Week 3 commencing:	
10/3/2025	

#### **KITCHEN FAVOURITES**

#### **MARKET FRESH**

10/3/2025	S RITCHENTAVOORTES	MARKETT
MONDAY	Scrambled Egg Clifton College hash Bacon Beans (Vg)	Yoghurt (2 Types), Fresh Cut Fruit, Granol & Smooth
TUESDAY	Croissants – Ham & Cheese Plain Croissants (V) Blueberry French Toast Bake Boiled Eggs (V)	Yoghurt (2 Types), Fresh Cut Fruit, Granol Juices & Ce
WEDNESDAY	Poached Eggs (V) Huevos Rancheros Sausages Vegan Sausage (Vg)	Yoghurt (2 Types), Fresh Cut Fruit, Granol & Smooth
THURSDAY	English Muffins Bar Square Sausages Mini Omelette (V) Bacon	Yoghurt (2 Types), Fresh Cut Fruit, Granol Juices & Ce
FRIDAY	Spanish Frittata Bacon Mushrooms (Vg) Beans (Vg)	Yoghurt (2 Types), Fresh Cut Fruit, Granol & Smooth
SATURDAY	Pancakes & Waffles Multiple Toppings Bacon Clifton College Hash Scramble Egg (V) Beans (Vg)	Yoghurt (2 Types), Fresh Cut Fruit, Granol Juices & Ce
	Sausage, Bacon, Fried Eggs, Mushroom, Beans, Tomato & Hash Browns Pastries (Chef Choice)	Yoghurt (2 Types), Fresh Cut Fruit, Granol Juices & Ce
SUNDAY BRUNCH	rance, please speak to a member of our catering team before you consume any food o	r drink. The written allergen information that we provide details the 14 m

ALLERGENS: If you have an allergy or intole rance, please speak to a member of our catering team before you consume any food or drink. The written allergen information that we provide details the 14 major allergens that are contained in the ingredients. If you require further information about the presence of unintentional allergens (may contains), please ask us so that we can help you with your choice. If you are a regular customer, please continue to ask a member of our team as recipes and ingredients change.

#### **STAY HYDRATED**

Help yourself to Tea, Coffee, Still Water and FRESH Selection of Fruit Juices (vg)

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# Salads - All vegan unless stated on counters Desserts - All vegetarian unless stated on counters Soups – Please check on the day for (V) or (VG)

# **MARKET FRESH**

MONDAY KITCHEN FAVOURITES	MAINS Beef Bourguignon Normandy Chicken Vegan Cassoulet (V) SIDES Creamy Mash Potato (V) Garlic Green Beans With Red Onion(V) Roasted Carrots (V)	SALAD BAR SELECTION Asian Cucumber & Noodle Salad Roasted Squash & Quinoa Salad Pasta Salad Classic Slaw Sesame & Soy Dressing Chipotle & Lime Dressing Cucumber Tomatoes Mixed Salad	WORLD FOOD BAR Leek & Potato Soup Pasta (V) Rich Tomato Sauce (V) Beef Chilli With Rice	<b>DESSERT STATION</b> Rice Pudding Jelly (Vg) FreshFruit (Vg)
TUESDAY WORLD TOUR	MAINS Honey & Garlic Pork Spiced Chicken With Olives & Lemon Tofu Vegetable Tagine (V) SUDES Vegetable Rice (V) Sumac Cauliflower(V) Roasted Butternut, Onions & Chickpeas (V)	SALAD BAR SELECTION Roasted Root Vegetable Salad Lentil & Feta Salad Roasted Veg Salad Asian Slaw Maple & Tahini Dressing Chimichurri Dressing Cucumber Tomatoes Mixed Salad	WORLD FOOD BAR Carrot & Orange Soup Pasta (V) Rich Tomato Sauce (V) Bubble & Squeak	DESSERT STATION Chocolate Sponge with Toffee Sauce Jelly (Vg) Fresh Fruit (Vg)
WEDNESDAY KITCHEN FAVOURITES	MAINS Overnight Roasted Pork Loin Chicken Pie Stuffed Butternut(V) SIDES Crispy Roast Potatoes (V) Roasted Root Veg (V) Salted Broccoli (V) Gravy (V)	Spinach & Strawberry Salad Orzo & Roasted Vegetable Salad Mediterranean Salad Rainbow Slaw Pomegranate Vinaigrette Classic Caesar Dressing Cucumber Tomatoes Mixed Salad	WORLD FOOD BAR Tomato & Basil Soup Pasta (V) Rich Tomato Sauce (V) Singapore Noodles	DESSERT STATION Lemon Drizzle Cake with Cream Jelly (Vg) Fresh Fruit (Vg)
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LUNCH MENU - WEEK 3

Week 3 commencing: 10/3/2025

(v) vegetarian, (vg) vegan

# SOMETHING **SWEET**

(vg) LUNCH MENU - WEEK 3 Week 3 commencing: 10/3/2025

Salads - All vegan unless stated on counters Desserts - All vegetarian unless stated on counters Soups – Please check on the day for (V) or (VG)

### **MARKET FRESH**

THURSDAY WORLD TOUR	MAINS Slow Cooked Pork & Chorizo Ground Beef Stir Fry Coca De Verduras (V) (Puff Pastry Pizza Style Dish) SIDES Moroccan Pasta (V) Garlic & Oregano Carrots (V) Honey Roasted Aubergine(V)	SALAD BAR SELECTION Middle Eastern Tabbouleh Broccoli & Bacon Salad Zesty Lemon & Caper Dressing Honey & Mustard Dressing Cucumber Tomatoes Mixed Salad	WORLD FOOD BAR Jamaican Vegetable Soup (V) Pasta (V) Tomato Sauce (V) Slow cooked Creamy Chicken	DESSERT STATION Apricot, Apple & Sultana Crumble with Custard Jelly (Vg) Fresh Fruit (Vg)
FRIDAY KITCHEN FAVOURITES	MAINS Battered Fish & Chips Jumbo Sausages Cliftons Classic Macaroni Cheese (V) SIDES Chips(V) Minted Peas (V) Mushy Peas (V) Curry Sauce (V)	SALAD BAR SELECTION Chimichurri Potato Salad Mango & Black Bean Salad Tartar Salad Mexican Slaw Garlic & Herb Dressing Chilli & Lime Vinaigrette Cucumber Tomatoes Mixed Salad	WORLD FOOD BAR Broccoli & Stilton Soup (V) Pasta (V) Tomato Sauce (V) Tender Beef Pasta Bake	DESSERT STATION Pear & Blackberry Cake with Cream Jelly (Vg) Fresh Fruit (Vg)
SATURDAY	MAINS Coconut Pork Sweet Chilli Tofu (V) SIDES Flavored Rice(V) Roasted Broccoli in Sesame Seeds & Garlic (V)	SALAD BAR SELECTION Caesar Salad Apple & Cider Vinaigrette Cucumber Tomatoes Mixed Salad	WORLD FOOD BAR Pasta (V) Tomato Sauce (V)	DESSERT STATION Bread & Butter Pudding with Custard Jelly (Vg) Fresh Fruit (Vg)
allergens that are contained in the ingredient	ce, please speak to a member of our catering team before you consume an s. If you require further information about the presence of unintentional alle sk a member of our team as recipes and ingredients change.	y food or drink. The written allergen information that we prov rgens (may contains), please ask us so that we can help you	ide details the 14 major 1 with your choice. If you	WEEK_ ONE_AW_TE

# **SOMETHING SWEET**

SUPPER SUPPER MENU - WEEK 3 Week 3 commencing: 10/3/2025

Salads - All vegan unless stated on counters Desserts - All vegetarian unless stated on counters

#### **MARKET FRESH**

MONDAY	MAINS Teriyaki Pork Shoulder Steak Hoisin Mushroom(V) SIDES Vegetable Chow Mein (V) Sweetcorn (V)	SALAD BAR SELECTION Asian Cucumber & Noodle Salad Roasted Squash & Quinoa Salad Pasta Salad Classic Slaw Sesame & Soy Dressing Chipotle & Lime Dressing Cucumber Tomatoes Mixed Salad	WORLD FOOD BAR Pasta (V) Tomato Sauce (V)
TUESDAY	MAINS Beef Stew With Dumplings Classic Veggie Stew (V) SIDES Doorstep Bread(V) Roasted New Potatoes (V) Steamed Veg (V)	SALAD BAR SELECTION Roasted Root Vegetable Salad Lentil & Feta Salad Roasted Veg Salad Asian Slaw Maple & Tahini Dressing Chimichurri Dressing Cucumber Tomatoes Mixed Salad	WORLD FOOD BAR Pasta (V) Tomato Sauce (V)
WEDNESDAY	MAINS Jamaican Lamb Jerk Cauliflower Steaks (V) SIDES Rice(V) Peas (V)	SALAD BAR SELECTION Spinach & Strawberry Salad Orzo & Roasted Vegetable Salad Mediterranean Salad Rainbow Slaw Pomegranate Vinaigrette Classic Caesar Dressing Cucumber Tomatoes Mixed Salad	WORLD FOOD BAR Pasta (V) Tomato Sauce (V)

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## **SOMETHING SWEET**

#### **DESSERT STATION**

Cranberry & Orange Shortbread Fresh Fruit (Vg) Jelly (Vg)

#### **DESSERT STATION**

Chelsea Buns Fresh Fruit (Vg) Jelly (Vg)

#### **DESSERT STATION**

Blackberry & Cinnamon Crumble with Custard

Fresh Fruit (Vg)

Jelly (Vg)

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SUPPER MENU - WEEK 3 Week 3 commencing: 10/3/2025

**WORLD TOUR** 

# Salads - All vegan unless stated on counters Desserts - All vegetarian unless stated on counters

## **MARKET FRESH**

THURSDAY	MAINS ! Pizza Planet!! Margarita & BBQ Chicken SIDES Wedges (V) Garlic & Herb Green Beans (V) Roasted Medley of Vegetables (V)	SALAD BAR SELECTION Middle Eastern Tabbouleh Broccoli & Bacon Salad Zesty Lemon & Caper Dressing Honey & Mustard Dressing Cucumber Tomatoes Mixed Salad	WORLD FOOD BAR Pasta (V) Tomato Sauce (V)
FRIDAY	MAINS Soy & Honey Chicken Thighs Vegan Dan Dan (V) SIDES Chili & Lime Noodles (V) Stir-Fry Vegetables (V)	SALAD BAR SELECTION Chimichurri Potato Salad Mango & Black Bean Salad Tartar Salad Mexican Slaw Garlic & Herb Dressing Chilli & Lime Vinaigrette Cucumber Tomatoes Mixed Salad	WORLD FOOD BAR Pasta (V) Tomato Sauce (V)
SATURDAY	MAINS Fried Chicken Burger Spicy Tofu Burger (V) SIDES Fries (V), Slaw (V), Beans (V) Corn on the Cob (V)	SALAD BAR SELECTION Caesar Salad Apple & Cider Vinaigrette Cucumber Tomatoes Mixed Salad	WORLD FOOD BAR Pasta (V) Tomato Sauce (V)
SUNDAY	MAINS Overnight Roast Beef Vegetarian Wellington (V) SIDES Crispy Roast Potatoes (V) Gravy (V) Garden Peas & Sweetcorn (V) Roasted Butternut Squash (V)	SALAD BAR SELECTION A Selection of Freshly Prepared Salads Available Daily	<b>PASTA BAR</b> Pasta (V) Tomato Sauce (V)

# **SOMETHING SWEET**

#### **DESSERT STATION**

Chocolate Rice Krispie Cake Fresh Fruit (Vg) Jelly (Vg)

#### **DESSERT STATION**

Sticky Toffee Pudding with Cream Fresh Fruit(Vg) Jelly (Vg)

#### **DESSERT STATION**

Chef's Choice Fresh Fruit(Vg) Jelly (Vg)

Chef's Choice Fresh Fruit (Vg) Jelly (Vg)

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