

MORNING MENU WEEK 2

Week 2 Commencing: 11/11/2024 & 2/12/2024

STAY HYDRATED

Help yourself to Tea, Coffee, Still Water and Selection of Fruit Juices (vg)

(v) vegetarian, (vg) vegan

KITCHEN FAVOURITES

MARKET FRESH

MONDAY	Cheese Omelette (V) Mushrooms (VG) Bacon Beans (VG)	Yoghurt (2 Types), Fresh Cut Fruit, Granola, Porridge, Toppers, Juices, Cereals.
TUESDAY	Croissants – Ham & Cheese Croissants (V) Boiled Eggs (V) Beans (VG)	Yoghurt (2 Types), Fresh Cut Fruit, Granola, Smoothies (2 Types), Porridge, Toppers, Fruit Compote, Boiled Eggs, Juices, Cereals
WEDNESDAY	Scrambled Eggs (V) Tomatoes (VG) Sausages Beans (VG)	Yoghurt (2 Types), Fresh Cut Fruit, Granola, Porridge, Toppers, Juices, Cereals.
THURSDAY	Muffins Bar Bacon OR Sausage Omelette (V) Cheese Slices (V) Beans (VG)	Yoghurt (2 Types), Fresh Cut Fruit, Granola, Smoothies (2 Types), Porridge, Toppers, Fruit Compote, Juices, Cereals.
FRIDAY	Bacon Boiled Eggs (V) Mushrooms (VG) Beans (VG)	Yoghurt (2 Types), Fresh Cut Fruit, Granola, Porridge, Toppers, Juices, Cereals.
SATURDAY	Tortilla Wrap Fried Onions (VG) Bacon Scramble Egg (V) Salsa (VG), Guacamole (VG), Beans (VG)	Yoghurt (2 Types), Fresh Cut Fruit, Granola, Porridge, Toppers, Juices, Cereals.
SUNDAY BRUNCH	Sausage, Bacon, Fried Eggs, Mushroom, Beans, Tomato, Hash Browns, White Pudding Pastries (Chef Choice)	Yoghurt (2 Types), Fresh Cut Fruit, Granola, Porridge, Toppers, Juices, Cereals.

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LUNCH MENU MORNING MENU - WEEK 2

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Salads - All vegan unless stated on counters

Desserts - All vegetarian unless stated on counters

Soups - Please check on the day for (V) or (VG)

KITCHEN FAVOURITES

MARKET FRESH

SOMETHING SWEET

MONDAY KITCHEN FAVOURITES

<p>MAINS</p> <p>Polish Grilled Pork Chicken In a Cream Mushroom Sauce Vegan Bigos Stew (VG)</p> <p>SIDES</p> <p>Herb New Potatoes (V) Braised Red Cabbage & Apple (V) Buttered Carrots & Garden Peas (V)</p>	<p>SALAD BAR SELECTION</p> <p>A Selection of Freshly Prepared Salads Available Daily</p>	<p>WORLD FOOD BAR</p> <p>Mushroom & Rosemary Soup</p> <p>Pasta (V)</p> <p>Rich Tomato Sauce (V)</p> <p>Lamb Ragu</p>	<p>DESSERT STATION</p> <p>Carrot Cake, Cream Cheese & Icing</p> <p>Jelly (vg)</p> <p>FreshFruit (vg)</p>
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TUESDAY WORLD TOUR

<p>MAINS</p> <p>Beef Massaman (Slow Cooked Curry with Potatoes) Vietnamese Chicken & Sweet Potato Japanese Roasted Butternut (V)</p> <p>SIDES</p> <p>Flavored Noodles (V) Sweetcorn & Peppers (V) Salted & Garlic Broccoli (V)</p>	<p>SALAD BAR SELECTION</p> <p>A Selection of Freshly Prepared Salads Available Daily</p>	<p>WORLD FOOD BAR</p> <p>Tomato & Aubergine Soup</p> <p>Pasta (V)</p> <p>Rich Tomato Sauce (V)</p> <p>Creamy Chicken & Rice</p>	<p>DESSERT STATION</p> <p>Steamed Coconut & Turmeric Sponge with Custard</p> <p>Jelly (vg)</p> <p>FreshFruit (vg)</p>
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WEDNESDAY KITCHEN FAVOURITES

<p>MAINS</p> <p>Roasted Chicken Jumbo Sausage Caramelized Onion & Goats Cheese Tartlets(V)</p> <p>SIDES</p> <p>Crispy Roast Potatoes (V) Rosemary Glazed Carrots (V) Roasted Cauliflower (V) Gravy (V)</p>	<p>SALAD BAR SELECTION</p> <p>A Selection of Freshly Prepared Salads Available Daily</p>	<p>WORLD FOOD BAR</p> <p>Spiced Butternut Soup</p> <p>Pasta (V)</p> <p>Rich Tomato Sauce (V)</p> <p>Hearty Pork & Vegetable Medley</p>	<p>DESSERT STATION</p> <p>Vanilla Chocolate Chip Sponge with Cream</p> <p>Jelly</p> <p>Fresh Fruit (vg)</p>
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Desserts - All vegetarian unless stated on counters
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KITCHEN FAVOURITES

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THURSDAY WORLD TOUR

MAINS
 Tex-Mex Beef Chilli
 Classic Cuban Pork
 Hearty Vegetable Jambalaya (V)

SIDES
 Rice & Peas (V)
 Braised Greens (V)
 Buttered Corn on the Cob (V)

SALAD BAR SELECTION
 A Selection of Freshly Prepared Salads Available Daily

WORLD FOOD BAR
 Carrot & Coriander Soup
 Pasta (V)
 Tomato Sauce (V)
 Singapore Noodles

DESSERT STATION
 Apple & Berry Crumble with Custard
 Jelly
 Fresh Fruit (vg)

FRIDAY KITCHEN FAVOURITES

MAINS
 Battered Fish & Chips
 Clifton's Classic Mac 'n' Cheese (V)

SIDES
 Chips(V)
 Minted Peas (V)
 Mushy Peas (V)
 Curry Sauce (V)

SALAD BAR SELECTION
 A Selection of Freshly Prepared Salads Available Daily

WORLD FOOD BAR
 Middle Eastern Vegetable Soup
 Pasta (V)
 Tomato Sauce (V)
 Messy Mexican Jackets

DESSERT STATION
 Tropical Fruit Pavlova Pots
 Jelly
 Fresh Fruit (vg)

SATURDAY

MAINS
 Chicken Pasanda (Creamy Mild Curry)
 Indian Chickpea Curry(V)

SIDES
 Cardamom Rice(V)
 Turmeric Roasted Cauliflower(V)

SALAD BAR SELECTION
 A Selection of Freshly Prepared Salads Available Daily

WORLD FOOD BAR
 Pasta (V)
 Tomato Sauce (V)
 Jackets (V)
 Beans (V)

DESSERT STATION
 Chocolate Brownie & Cream
 Jelly
 Fresh Fruit (vg)

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SUPPER SUPPER MENU - WEEK 2

(v) vegetarian, (vg) vegan

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MONDAY

<p>MAINS Classic Beef Lasagna Aubergine Parmigiana(v) (Oven Baked Aubergine Layered with Tomato Sauce & Cheese)</p> <p>SIDES Garlic Bread (v) Seasoned Carrots (v) Selection OF Salads(v)</p>	<p>SALAD BAR SELECTION A Selection of Freshly Prepared Salads Available Daily</p>	<p>WORLD FOOD BAR Pasta (v) Tomato Sauce (v)</p>	<p>DESSERT STATION Brunsviger (Danish Sugar & Spice Bread) Fresh Fruit (vg) Jelly</p>
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TUESDAY

<p>MAINS Portuguese Pepper & Coriander Pork Tofu Feijoada (v) (Brazilian Tofu Stew)</p> <p>SIDES Flavored Rice(v) Roasted Peppers & Peas(v)</p>	<p>SALAD BAR SELECTION A Selection of Freshly Prepared Salads Available Daily</p>	<p>WORLD FOOD BAR Pasta (v) Tomato Sauce (v)</p>	<p>DESSERT STATION Chocolate Brownie Sundaes Fresh Fruit (vg) Jelly</p>
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WEDNESDAY

<p>MAINS Authentic Lamb Kofta Vegan Meatball Skewers(v)</p> <p>SIDES Khobez Bread(v) Pickled Red Cabbage(v) Honey Roasted Carrots (v)</p>	<p>SALAD BAR SELECTION A Selection of Freshly Prepared Salads Available Daily</p>	<p>WORLD FOOD BAR Pasta (v) Tomato Sauce (v)</p>	<p>DESSERT STATION Clifton Mess Pots Fresh Fruit (vg) Jelly</p>
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<p>THURSDAY</p>	<p>MAINS ! Pizza Planet ! Margarita & Pepperoni</p> <p>SIDES Warm Pesto Pasta (V) Coleslaw (V) Red Onion (V)</p>	<p>SALAD BAR SELECTION A Selection of Freshly Prepared Salads Available Daily</p>	<p>WORLD FOOD BAR Pasta (V) Tomato Sauce (V)</p>	<p>DESSERT STATION Banana & Cinnamon Cake with Lemon Icing Fresh Fruit (vg) Jelly</p>
<p>FRIDAY</p>	<p>MAINS Gallic Roasted Chicken Kiev Thighs Mushroom Stroganoff (V)</p> <p>SIDES Buttered New Potatoes(V) Butternut & Broccoli (V)</p>	<p>SALAD BAR SELECTION A Selection of Freshly Prepared Salads Available Daily</p>	<p>WORLD FOOD BAR Pasta (V) Tomato Sauce (V)</p>	<p>DESSERT STATION Toffee Apple Sponge with Cream Fresh Fruit (vg) Jelly</p>
<p>SATURDAY</p>	<p>MAINS Slow Cooked Beef Brisket Dirty Fries Pulled BBQ Jackfruit Dirty Fries(V)</p> <p>SIDES Fries(V) Corn on the Cob (v) Nacho Cheese (v) Selections OF Toppings (V)</p>	<p>SALAD BAR SELECTION A Selection of Freshly Prepared Salads Available Daily</p>	<p>WORLD FOOD BAR Pasta (V) Tomato Sauce (V)</p>	<p>DESSERT STATION Chef's Choice Fresh Fruit (vg) Jelly</p>
<p>SUNDAY</p>	<p>MAINS Classic Lamb Hotpot No-nut Lentil Roast (V)</p> <p>SIDES Herb Roasted New Potatoes (V) Cabbage(V) Salted Broccoli (V) Doorstep Bread (V)</p>	<p>SALAD BAR SELECTION A Selection of Freshly Prepared Salads Available Daily</p>	<p>WORLD FOOD BAR Pasta (V) Tomato Sauce (V)</p>	<p>DESSERT STATION Chef's Choice Fresh Fruit (vg) Jelly</p>

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