

MORNING MENU

STAY HYDRATED

Help yourself to Tea, Coffee, Still Water and Selection of Fruit Juices (vg)

KITCHEN FAVOURITES

MARKET FRESH

(v) vegetarian, (vg) vegan

MONDAY

Bacon
Vegetarian Sausage (vg)
Boiled Egg (v)
Baked Beans

Porridge (v), Yoghurt (v), Cereal Selection and Fresh Fruit Platter (vg)
Plus a selection of toppers including Dried Fruit and Compote (vg)

TUESDAY

Sausage
Scrambled Eggs (v)
Baked Beans

Pain au Chocolat, Porridge (v), Yoghurt (v), Cereal Selection and Fresh Fruit Platter (vg)
Plus a selection of toppers including Dried Fruit and Compote (vg)

WEDNESDAY

Bacon
Vegetarian Sausage (vg)
Omelette (v)
Baked Beans

Porridge (v), Yoghurt (v), Cereal Selection and Fresh Fruit Platter (vg)
Plus a selection of toppers including Dried Fruit and Compote (vg)

THURSDAY

Sausage
Boiled Eggs (v)
Baked Beans

Croissant, Porridge (v), Yoghurt (v), Cereal Selection and Fresh Fruit Platter (vg)
Plus a selection of toppers including Dried Fruit and Compote (vg)

FRIDAY

Bacon
Vegetarian Sausage (vg)
Scrambled Eggs
Baked Beans

Porridge (v), Yoghurt (v), Cereal Selection and Fresh Fruit Platter (vg)
Plus a selection of toppers including Dried Fruit and Compote (vg)

SATURDAY

Sausage
Omelette (v)
Baked Beans

Porridge (v), Yoghurt (v), Cereal Selection and Fresh Fruit Platter (vg)
Plus a selection of toppers including Dried Fruit and Compote (vg)

SUNDAY BRUNCH

Pork Sausages
Vegan Sausages (vg)
Halal Sausages
Back Bacon
Fried Egg (v)
Grilled Tomatoes (vg)
Mushrooms (vg)
Baked Beans (vg)
Hash Browns (vg)

Pain au Chocolat (v)
Yoghurt Bar (v)

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LUNCH MENU - WEEK 1

(v) vegetarian, (vg) vegan

Week 1 commencing: 2/9/2024, 23/9/2024 & 14/10/2024

Salads - All vegan unless stated on counters

Desserts - All vegetarian unless stated on counters

MARKET FRESH

SOMETHING SWEET

MONDAY KITCHEN FAVOURITES

MAINS
Chunky Beef Ragu Al Forno
Creamy Chicken & Pesto, Tomato, Onion &
Mozzarella Tart (v)

SIDES
Pasta (vg)
Pan Fried Green Beans (vg)
Roasted Courgettes (vg)
Garlic Bread (v)

SALAD
Clifton Kitchen Salad Bar
Featuring
Freshly Prepared Ingredients
&
Classic Compound Salads

JACKET AND PASTA BAR
Jacket Potatoes (vg)
Pasta (vg)
Tomato and Basil (vg)
Baked Beans (vg)

Carrot Cake with White
Chocolate Custard
Jelly (vg)
FreshFruit (vg)

TUESDAY WORLD TOUR

Thai Day

MAINS
Thai Green Chicken Curry
Stir Fried Minced Beef with Basil
Thai Yellow Vegetable & Tomato Curry (vg)

SIDES
Coconut Rice (vg)
Sweetcorn with Chilli & Lime Butter (v)
Stir Fried Vegetables (vg)
Sweet Chilli Dressing (vg)

SALAD
Clifton Kitchen Salad Bar
Featuring
Freshly Prepared Ingredients
&
Classic Compound Salads

JACKET AND PASTA BAR
Jacket Potatoes (vg)
Pasta (vg)
Tomato and Basil (vg)
Baked Beans (vg)

Lemon & Coconut Cake
Jelly
Fresh Fruit (vg)

WEDNESDAY KITCHEN FAVOURITES

MAINS
Roast Pork
Turkey & Leek Pie with Filo Pastry Topping
Roasted Vegetable & Goats Cheese Bake (v)

SIDES
Roast Potatoes (vg)
Broccoli & Cauliflower (vg)
Root Vegetable Mash (vg)
Apple Sauce (vg)
Gravy (vg)

SALAD
Clifton Kitchen Salad Bar
Featuring
Freshly Prepared Ingredients
&
Classic Compound Salads

JACKET AND PASTA BAR
Jacket Potatoes (vg)
Pasta (vg)
Tomato and Basil (vg)
Baked Beans (vg)

Clifton Mess Pots
Jelly
Fresh Fruit (vg)

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THURSDAY KITCHEN FAVOURITES

MAINS
Chicken Shawarma Lebanese Spiced Lamb
Harissa, Chickpea & Peppers (vg)

SIDES
Khobez (vg)
Couscous (vg)
Pickled Red Cabbage (vg)
Roasted Aubergine (vg)
Warm Carrot Salad (vg)
Tzatziki

SALAD
Clifton Kitchen Salad Bar
Featuring
Freshly Prepared Ingredients
&
Classic Compound Salads

JACKET AND PASTA BAR
Jacket Potatoes (vg)
Pasta (vg)
Tomato and Basil (vg)
Baked Beans (vg)

Chocolate Chip Shortbread Bar
Jelly (vg)
FreshFruit (vg)

FRIDAY WORLD TOUR

MAINS
Fried Fish
Macaroni Cheese

SIDES
Chips (vg)
Garden Peas (vg)
Mushy Peas (vg)
Curry Sauce
Tartare Sauce (v)
Lemon Wedges (vg)

SALAD
Clifton Kitchen Salad Bar
Featuring
Freshly Prepared Ingredients
&
Classic Compound Salads

JACKET AND PASTA BAR
Jacket Potatoes (vg)
Pasta (vg)
Tomato and Basil (vg)
Baked Beans (vg)

Raspberry & White Chocolate
Sponge with Custard
Jelly
Fresh Fruit (vg)

SATURDAY KITCHEN FAVOURITES

MAINS
Beef Chilli
Roasted Sweet Potato with Black Beans & Corn
(vg)

SIDES
Rice (vg)
Tex Mex BBQ Beans (vg)
Mixed Vegetables (vg)
Sour Cream (v)
Salsa (vg)

SALAD
Clifton Kitchen Salad Bar
Featuring
Freshly Prepared Ingredients
&
Classic Compound Salads

JACKET AND PASTA BAR
Jacket Potatoes (vg)
Pasta (vg)
Tomato and Basil (vg)
Baked Beans (vg)

Apricot Upside Down Cake with
Cream
Jelly
Fresh Fruit (vg)

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SUPPER SUPPER MENU - WEEK 1

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Desserts - All vegetarian unless stated on counters

MARKET FRESH

SOMETHING SWEET

MONDAY

MAINS
Moroccan Chicken & Vegetables
Ras el Hanout Aubergine (vg)

SIDES
Fragrant Couscous (vg)
Braised Red Cabbage (vg)

SALAD
Clifton Kitchen Salad Bar
Featuring
Freshly Prepared Ingredients
&
Classic Compound Salads

JACKET AND PASTA BAR

Jacket Potatoes (vg)
Pasta (vg)
Tomato Sauce
Baked Beans

Millionaire Cheesecake Pot
Fresh Fruit (vg)
Jelly

TUESDAY

MAINS
Gammon Steak with Pineapple Salsa
Creamy Mushroom Gratin (v)

SIDES
Skinny Fries (vg)
Peas (vg)
Gravy (vg)

SALAD
Clifton Kitchen Salad Bar
Featuring
Freshly Prepared Ingredients
&
Classic Compound Salads

JACKET AND PASTA BAR

Jacket Potatoes (vg)
Pasta (vg)
Tomato Sauce
Baked Beans

Mandarin & Orange Jelly Pot
Fresh Fruit (vg)
Jelly

WEDNESDAY

MAINS
Butter Chicken
Vegetable Jalfrezi (vg)

SIDES
Rice (vg)
Tandoori Vegetables (vg)
Poppadoms (vg)
Mango Chutney (vg)
Mint Yogurt (v)

SALAD
Clifton Kitchen Salad Bar
Featuring
Freshly Prepared Ingredients
&
Classic Compound Salads

JACKET AND PASTA BAR

Jacket Potatoes (vg)
Pasta (vg)
Tomato Sauce
Baked Beans

Banana & Chocolate Pudding with
Cream
Fresh Fruit (vg)
Jelly

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SOMETHING SWEET

THURSDAY

<p>MAINS Chicken & Chorizo Paella Spanish Tortilla (v)</p> <p>SIDES Thyme & Garlic New Potatoes (vg) Saute Green Beans (vg)</p>	<p>SALAD Clifton Kitchen Salad Bar Featuring Freshly Prepared Ingredients & Classic Compound Salads</p>	<p>JACKET AND PASTA BAR Jacket Potatoes (vg) Pasta (vg) Tomato Sauce Baked Beans</p>	<p>Strawberries & Cream Pot Fresh Fruit (vg) Jelly</p>
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FRIDAY

<p>MAINS Stir Fried Pork & Peppers with Sweet & Sour Sauce Korean Glazed Tofu (vg)</p> <p>SIDES Noodles (v) Chilli & Garlic Broccoli (vg) Prawn Crackers</p>	<p>SALAD Clifton Kitchen Salad Bar Featuring Freshly Prepared Ingredients & Classic Compound Salads</p>	<p>JACKET AND PASTA BAR Jacket Potatoes (vg) Pasta (vg) Tomato Sauce Baked Beans</p>	<p>Chocolate Mousse Pot Fresh Fruit (vg) Jelly</p>
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SATURDAY

<p>MAINS Southern Style Fried Chicken Fried Halloumi</p> <p>SIDES Mashed Potatoes (v) Corn on the Cob(vg) Coleslaw (vg) Gravy (vg)</p>	<p>SALAD Clifton Kitchen Salad Bar Featuring Freshly Prepared Ingredients & Classic Compound Salads</p>	<p>PASTA BAR Pasta (vg) Tomato Sauce</p>	<p>Chef's Choice Fresh Fruit (vg) Jelly</p>
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SUNDAY

<p>MAINS Lemon & Herb Turkey Quorn with Peppers & Onion (vg)</p> <p>SIDES Parsley New Potatoes (vg) Mint Pesto Peas (vg) Cauliflower Gratin (v) Gravy (vg)</p>	<p>PASTA BAR Pasta (vg) Tomato Sauce</p>	<p>Chef's Choice Fresh Fruit (vg) Jelly</p>
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