

# MORNING MENU WEEK 1

Week 1 commencing: 4/11//2024 & 25/11/2024

## STAY HYDRATED

Help yourself to Tea, Coffee, Still Water and Selection of Fruit Juices (vg)

### KITCHEN FAVOURITES

### MARKET FRESH

(v) vegetarian, (vg) vegan

**MONDAY**

Scramble Egg  
Actual Hash Brown – Chef Special  
Bacon  
Beans

Yoghurt (2 Types), Fresh Cut Fruit, Granola, Porridge, Toppers, Juices, Cereals.

**TUESDAY**

Croissants – Ham & Cheese  
Cheddar Slices & Rarebit  
Cinnamon Swirls  
Roasted Pepper & Mushroom Frittata

Yoghurt (2 Types), Fresh Cut Fruit, Granola, Smoothies (2 Types), Porridge, Toppers, Fruit Compote, Boiled Eggs, Juices, Cereals.

**WEDNESDAY**

Poached Eggs  
Shakshuka  
(Poached Eggs in a Tomato Sauce)  
Sausages  
Vegan Sausage (VG)

Yoghurt (2 Types), Fresh Cut Fruit, Granola, Porridge, Toppers, Juices, Cereals.

**THURSDAY**

Pancakes & Waffles  
Multiple Toppings  
Bacon

Yoghurt (2 Types), Fresh Cut Fruit, Granola, Smoothies (2 Types), Porridge, Toppers, Fruit Compote, Boiled Eggs, Juices, Cereals.

**FRIDAY**

Spring Onion Frittata  
Bacon  
Mushrooms  
Beans

Yoghurt (2 Types), Fresh Cut Fruit, Granola, Porridge, Toppers, Juices, Cereals.

**SATURDAY**

Breakfast Burritos  
(Fried Onions, Cheese, Bacon, Sausage, Hash)  
Scramble Egg  
Beans

Yoghurt (2 Types), Fresh Cut Fruit, Granola, Porridge, Toppers, Juices, Cereals.

**SUNDAY BRUNCH**

Sausage, Bacon, Fried Eggs, Mushroom, Beans, Tomato,  
Hash Browns, White Pudding

Yoghurt (2 Types), Fresh Cut Fruit, Granola, Porridge, Toppers, Juices, Cereals.

Pastries (Chef Choice)

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# LUNCH MENU - WEEK 1

Week 1 commencing: 4/11//2024 & 25/11/2024

**Salads - All vegan unless stated on counters**

**Desserts - All vegetarian unless stated on counters**

**Soups - Please check on the day for (V) or (VG)**

## MARKET FRESH

## SOMETHING SWEET

### MONDAY KITCHEN FAVOURITES

<p><b>MAINS</b></p> <p>Classic Shepherd's Pie Cumberland Sausage Mediterranean Stuffed Peppers (v) Vegan / Halal / Kosher</p> <p><b>SIDES</b></p> <p>Buttered Mash Potato (v) Garden Peas (Vg) Roasted Glazed Carrots (v)</p>	<p><b>SALAD BAR SELECTION</b></p> <p>A Selection of Freshly Prepared Salads Available Daily</p>	<p><b>WORLD FOOD BAR</b></p> <p>Spiced Vegetable Soup Pasta (v) Rich Tomato Sauce (Vg) Hearty Beef &amp; Vegetable Medley</p>	<p><b>DESSERT STATION</b></p> <p>Apple Crumble &amp; Custard Jelly (vg) FreshFruit (vg)</p>
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### TUESDAY WORLD TOUR

<p><b>MAINS</b></p> <p>Sweet &amp; Sour Chicken Beef &amp; Black Bean Stir-Fry Potato Fritter With Silken Tofu (v) Vegan / Halal / Kosher</p> <p><b>SIDES</b></p> <p>Garlic Flavored Rice (vg) Stir-Fry Vegetables (v) Salted Broccoli (vg)</p>	<p><b>SALAD BAR SELECTION</b></p> <p>A Selection of Freshly Prepared Salads Available Daily</p>	<p><b>WORLD FOOD BAR</b></p> <p>Creamy Sweet Potato Soup Pasta (v) Rich Tomato Sauce (Vg) Pork Ragu</p>	<p><b>DESSERT STATION</b></p> <p>Steamed Syrup Sponge &amp; Cream Jelly Fresh Fruit (vg)</p>
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### WEDNESDAY KITCHEN FAVOURITES

<p><b>MAINS</b></p> <p>Overnight Roasted Pork Hearty Beef &amp; Lentil Hotpot Shepherdess Pie(v)</p> <p><b>SIDES</b></p> <p>Crispy Roast Potatoes (vg) Braised Red Cabbage &amp; Apple (vg) Honey Roasted Parsnips (v) Gravy (vg)</p>	<p><b>SALAD BAR SELECTION</b></p> <p>A Selection of Freshly Prepared Salads Available Daily</p>	<p><b>WORLD FOOD BAR</b></p> <p>Italian Vegetables Soup Pasta (v) Rich Tomato Sauce (Vg) Kung Pao Chicken</p>	<p><b>DESSERT STATION</b></p> <p>Salted Caramel &amp; Vanilla Cheesecake Pots Jelly Fresh Fruit (vg)</p>
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## MARKET FRESH

## SOMETHING SWEET

### THURSDAY KITCHEN FAVOURITES

**MAINS**  
Chicken and Roasted Vegetables  
Saucy Beef Meatballs  
Creamy Pesto Gnocchi (V)

**SIDES**  
Pasta (V)  
Garlic and Herb Green Beans (vg)  
Medley of Roasted Vegetables (vg)

**SALAD BAR SELECTION**  
A Selection of Freshly Prepared Salads  
Available Daily

**WORLD FOOD & SOUP BAR**  
Roasted Parsnips & Potatoes Soup  
Pasta (V)  
Tomato Sauce (V)  
Chef Special Curry  
With  
Rice

**DESSERT STATION**  
Chai Latte Cake  
Jelly (vg)  
FreshFruit (vg)

### FRIDAY WORLD TOUR

**MAINS**  
Battered Fish & Chips  
Falafel with Flatbread, Garlic & Chili Sauce(V)

**SIDES**  
Chips(vg)  
Minted Peas (vg)  
Mushy Peas (V)  
Curry Sauce (V)

**SALAD BAR SELECTION**  
A Selection of Freshly Prepared Salads  
Available Daily

**WORLD FOOD BAR**  
Curried Cauliflower Soup  
Pasta (V)  
Tomato Sauce (V)  
Beef & Gnocchi Cheese Bake

**DESSERT STATION**  
Chocolate Chip Cookie Bar  
Jelly  
Fresh Fruit (vg)

### SATURDAY KITCHEN FAVOURITES

**MAINS**  
Caribbean Chicken  
Lentil & Vegetable Stew (V)

**SIDES**  
Herby Rice(vg)  
Garlic Peas and Sweetcorn(vg)

**SALAD BAR SELECTION**  
A Selection of Freshly Prepared Salads  
Available Daily

**WORLD FOOD BAR**  
Pasta (V)  
Tomato Sauce (V)  
Jackets (V)  
Beans (V)

**DESSERT STATION**  
Raspberry & Lemon Drizzle Cake  
with Cream  
Jelly  
Fresh Fruit (vg)

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# SUPPER SUPPER MENU - WEEK 1

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## MARKET FRESH

## SOMETHING SWEET

### MONDAY

#### MAINS

Chicken Enchiladas  
Sweet Potato & Bean Chilli (v)

#### SIDES

Rice (vg)  
Guacamole (vg)  
Chunky Pineapple Salsa (vg)  
Sweetcorn & Peppers (vg)

#### SALAD BAR SELECTION

A Selection of Freshly Prepared Salads  
Available Daily

#### WORLD FOOD BAR

Pasta (v)  
Tomato Sauce (v)

#### DESSERT STATION

Mandarin Trifle Pots  
Fresh Fruit (vg)  
Jelly

### TUESDAY

#### MAINS

Honey & Mustard Chicken Thighs  
Ratatouille (v)

#### SIDES

Herby New Potatoes (vg)  
Peas (vg)

#### SALAD BAR SELECTION

A Selection of Freshly Prepared Salads  
Available Daily

#### WORLD FOOD BAR

Pasta (v)  
Tomato Sauce (v)

#### DESSERT STATION

Tiramisu Pots  
Fresh Fruit (vg)  
Jelly

### WEDNESDAY

#### MAINS

Lamb Bhuna Gosht  
(Intense Flavoured Curry)  
Paneer Kadai(v)  
(Spiced Pepper Curry)

#### SIDES

Pilau Rice (vg)  
Turmeric Cauliflower(vg)  
Naan Bread(v)

#### SALAD BAR SELECTION

A Selection of Freshly Prepared Salads  
Available Daily

#### WORLD FOOD BAR

Pasta (v)  
Tomato Sauce (v)

#### DESSERT STATION

Banana & Chocolate Pudding with  
Cream  
Fresh Fruit (vg)  
Jelly

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### THURSDAY

<p><b>MAINS</b> ! Movie Hotdogs ! Beef &amp; Veggie</p> <p><b>SIDES</b> Nachos (v) Mustard (v), Relish(v), Gherkins (v) Chunky Tomato Salsa (v) Crispy Onions (v) Cheese (v)</p>	<p><b>SALAD BAR SELECTION</b> A Selection of Freshly Prepared Salads Available Daily</p>	<p><b>WORLD FOOD BAR</b> Pasta (v) Tomato Sauce (v)</p>	<p><b>DESSERT STATION</b> Chocolate Chip Cookies Fresh Fruit (vg) Jelly</p>
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### FRIDAY

<p><b>MAINS</b> Korean Beef Fried Tofu &amp; Vegetable(v)</p> <p><b>SIDES</b> Garlic Sesame Noodles(v) Roasted Carrots &amp; Coriander(v)</p>	<p><b>SALAD BAR SELECTION</b> A Selection of Freshly Prepared Salads Available Daily</p>	<p><b>WORLD FOOD BAR</b> Pasta (v) Tomato Sauce (v)</p>	<p><b>DESSERT STATION</b> Blueberry &amp; Vanilla Baked Cheesecake Fresh Fruit (vg) Jelly</p>
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### SATURDAY

<p><b>MAINS</b> Indian Spiced Lamb Burger Onion Bhaji Burger (v)</p> <p><b>SIDES</b> Spiced Wedges (v), Chunky Mango (v) Chutney (v), Raita (v), Poppadoms (v), Indian Slaw (v)</p>	<p><b>SALAD BAR SELECTION</b> A Selection of Freshly Prepared Salads Available Daily</p>	<p><b>WORLD FOOD BAR</b> Pasta (v) Tomato Sauce (v)</p>	<p><b>DESSERT STATION</b> Chef's Choice Fresh Fruit (vg) Jelly</p>
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### SUNDAY

<p><b>MAINS</b> Creamy Chicken Pie Cheese &amp; Potato Pie (v)</p> <p><b>SIDES</b> Roast Potatoes (v) Gravy (v) Garlic Roasted Green Beans(v) Cauliflower (v)</p>	<p><b>SALAD BAR SELECTION</b> A Selection of Freshly Prepared Salads Available Daily</p>	<p><b>WORLD FOOD BAR</b> Pasta (v) Tomato Sauce (v)</p>	<p><b>DESSERT STATION</b> Chef's Choice Fresh Fruit (vg) Jelly</p>
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