

MORNING MENU WEEK 1

Week 1 commencing: 6/1/2025 & 27/1/2025

STAY HYDRATED

Help yourself to Tea, Coffee, Still Water and Selection of Fruit Juices (vg)

KITCHEN FAVOURITES

MARKET FRESH

(v) vegetarian, (vg) vegan

MONDAY

Cheese Omelette (V)
Mushrooms (VG)
Bacon
Beans (VG)

Yoghurt (2 Types), Fresh Cut Fruit, Granola, Porridge, Toppers, Juices, Cereals.

TUESDAY

Croissants – Ham & Cheese
Croissants (V)
Boiled Eggs (V)
Beans (VG)

Yoghurt (2 Types), Fresh Cut Fruit, Granola, Smoothies (2 Types), Porridge, Toppers, Fruit Compote, Boiled Eggs, Juices, Cereals.

WEDNESDAY

Scrambled Eggs (V)
Tomatoes (VG)
Sausages
Beans (VG)

Yoghurt (2 Types), Fresh Cut Fruit, Granola, Porridge, Toppers, Juices, Cereals.

THURSDAY

Muffins Bar
Bacon OR Sausage
Omelette (V)
Cheese Slices (V)
Beans (VG)

Yoghurt (2 Types), Fresh Cut Fruit, Granola, Smoothies (2 Types), Porridge, Toppers, Fruit Compote, Boiled Eggs, Juices, Cereals.

FRIDAY

Bacon
Boiled Eggs (V)
Mushrooms (VG)
Beans (VG)

Yoghurt (2 Types), Fresh Cut Fruit, Granola, Porridge, Toppers, Juices, Cereals.

SATURDAY

Tortilla Wrap
Fried Onions (VG)
Bacon
Scramble Egg (V)
Salsa (VG), Guacamole (VG), Beans (VG)

Yoghurt (2 Types), Fresh Cut Fruit, Granola, Porridge, Toppers, Juices, Cereals.

SUNDAY BRUNCH

Sausage, Bacon, Fried Eggs, Mushroom, Beans, Tomato,
Hash Browns, White Pudding

Pastries (Chef Choice)

Yoghurt (2 Types), Fresh Cut Fruit, Granola, Porridge, Toppers, Juices, Cereals.

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LUNCH MENU - WEEK 1

Week 1 commencing: 6/1/2025 & 27/1/2025

Salads - All vegan unless stated on counters

Desserts - All vegetarian unless stated on counters

Soups - Please check on the day for (V) or (VG)

MARKET FRESH

SOMETHING SWEET

MONDAY KITCHEN FAVOURITES

<p>MAINS</p> <p>Classic Lamb Ragu Cumberland Sausage Mediterranean Stuffed Peppers (v) Vegan / Halal / Kosher</p> <p>SIDES</p> <p>Buttered Mash Potato (v) Garden Peas (vg) Roasted Glazed Carrots (v)</p>	<p>SALAD BAR SELECTION</p> <p>A Selection of Freshly Prepared Salads Available Daily</p>	<p>WORLD FOOD BAR</p> <p>Spiced Vegetable Soup Pasta (v) Rich Tomato Sauce (vg) Hearty Beef & Vegetable Medley</p>	<p>DESSERT STATION</p> <p>Apple Crumble & Custard Jelly (vg) Fresh Fruit (vg)</p>
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TUESDAY WORLD TOUR

<p>MAINS</p> <p>Sweet & Sour Chicken Beef & Black Bean Stir-Fry Potato Fritter With Silken Tofu (v) Vegan / Halal / Kosher</p> <p>SIDES</p> <p>Garlic Flavored Rice (vg) Stir-Fry Vegetables (v) Salted Broccoli (vg)</p>	<p>SALAD BAR SELECTION</p> <p>A Selection of Freshly Prepared Salads Available Daily</p>	<p>WORLD FOOD BAR</p> <p>Creamy Sweet Potato Soup Pasta (v) Rich Tomato Sauce (vg) Pork Ragu</p>	<p>DESSERT STATION</p> <p>Steamed Syrup Sponge & Cream Jelly Fresh Fruit (vg)</p>
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WEDNESDAY KITCHEN FAVOURITES

<p>MAINS</p> <p>Overnight Roasted Pork Hearty Beef & Onion Pie Shepherdess Pie (v)</p> <p>SIDES</p> <p>Crispy Roast Potatoes (vg) Braised Red Cabbage & Apple (vg) Honey Roasted Parsnips (v) Gravy (vg)</p>	<p>SALAD BAR SELECTION</p> <p>A Selection of Freshly Prepared Salads Available Daily</p>	<p>WORLD FOOD BAR</p> <p>Italian Vegetables Soup Pasta (v) Rich Tomato Sauce (vg) Kung Pao Chicken</p>	<p>DESSERT STATION</p> <p>Salted Caramel & Vanilla Cheesecake Pots Jelly Fresh Fruit (vg)</p>
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THURSDAY KITCHEN FAVOURITES

MAINS
Chicken and Roasted Vegetables
Saucy Beef Meatballs
Creamy Pesto Gnocchi (V)

SIDES
Pasta (V)
Garlic and Herb Green Beans (vg)
Medley of Roasted Vegetables (vg)

SALAD BAR SELECTION
A Selection of Freshly Prepared Salads
Available Daily

WORLD FOOD & SOUP BAR
Roasted Parsnip & Potato Soup
Pasta (V)
Tomato Sauce (V)
Chef Special Curry
With
Rice

DESSERT STATION
Chai Latte Cake with
Buttercream
Jelly (vg)
Fresh Fruit (vg)

FRIDAY WORLD TOUR

MAINS
Battered Fish & Chips
Lamb Kebab
Falafel with Flatbread, Garlic & Chili Sauce(V)

SIDES
Chips(vg)
Minted Peas (vg)
Mushy Peas (V)
Curry Sauce (V)

SALAD BAR SELECTION
A Selection of Freshly Prepared Salads
Available Daily

WORLD FOOD BAR
Curried Cauliflower Soup
Pasta (V)
Tomato Sauce (V)
Beef & Gnocchi Cheese Bake

DESSERT STATION
Chocolate Chip Cookie Bar
Jelly
Fresh Fruit (vg)

SATURDAY KITCHEN FAVOURITES

MAINS
Caribbean Chicken
Lentil & Vegetable Stew (V)

SIDES
Herby Rice(vg)
Garlic Peas and Sweetcorn(vg)

SALAD BAR SELECTION
A Selection of Freshly Prepared Salads
Available Daily

WORLD FOOD BAR
Pasta (V)
Tomato Sauce (V)

DESSERT STATION
Raspberry & Lemon Drizzle Cake
with Cream
Jelly
Fresh Fruit (vg)

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SUPPER SUPPER MENU - WEEK 1

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MONDAY

<p>MAINS Chicken Enchiladas Sweet Potato & Bean Chilli (v)</p> <p>SIDES Rice (vg) Guacamole (vg) Chunky Pineapple Salsa (vg) Sweetcorn & Peppers (vg)</p>	<p>SALAD BAR SELECTION A Selection of Freshly Prepared Salads Available Daily</p>	<p>WORLD FOOD BAR Pasta (v) Tomato Sauce (v)</p>	<p>DESSERT STATION Mandarin Trifle Pots Fresh Fruit (vg) Jelly</p>
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TUESDAY

<p>MAINS Honey & Mustard Chicken Thighs Ratatouille (v)</p> <p>SIDES Herby New Potatoes (vg) Peas (vg)</p>	<p>SALAD BAR SELECTION A Selection of Freshly Prepared Salads Available Daily</p>	<p>WORLD FOOD BAR Pasta (v) Tomato Sauce (v)</p>	<p>DESSERT STATION Tiramisu Pots Fresh Fruit (vg) Jelly</p>
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WEDNESDAY

<p>MAINS Lamb Bhuna Gosht (Intense Flavoured Curry) Paneer Kadai(v) (Spiced Pepper Curry)</p> <p>SIDES Pilau Rice (vg) Turmeric Cauliflower(vg) Naan Bread(v)</p>	<p>SALAD BAR SELECTION A Selection of Freshly Prepared Salads Available Daily</p>	<p>WORLD FOOD BAR Pasta (v) Tomato Sauce (v)</p>	<p>DESSERT STATION Banana & Chocolate Pudding with Cream Fresh Fruit (vg) Jelly</p>
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THURSDAY

<p>MAINS ! Movie Hotdogs ! Beef & Veggie</p> <p>SIDES Nachos (v) Mustard (v), Relish(v), Gherkins (v) Chunky Tomato Salsa (v) Crispy Onions (v) Cheese (v)</p>	<p>SALAD BAR SELECTION A Selection of Freshly Prepared Salads Available Daily</p>	<p>WORLD FOOD BAR Pasta (v) Tomato Sauce (v)</p>	<p>DESSERT STATION Chocolate Chip Cookies Fresh Fruit (vg) Jelly</p>
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FRIDAY

<p>MAINS Korean Beef Fried Tofu & Vegetable(v)</p> <p>SIDES Garlic Sesame Noodles(v) Roasted Carrots & Coriander(v)</p>	<p>SALAD BAR SELECTION A Selection of Freshly Prepared Salads Available Daily</p>	<p>WORLD FOOD BAR Pasta (v) Tomato Sauce (v)</p>	<p>DESSERT STATION Blueberry & Vanilla Baked Cheesecake Fresh Fruit (vg) Jelly</p>
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SATURDAY

<p>MAINS Indian Spiced Lamb Burger Onion Bhaji Burger (v)</p> <p>SIDES Spiced Wedges (v), Chunky Mango (v) Chutney (v), Raita (v), Poppadoms (v), Indian Slaw (v)</p>	<p>SALAD BAR SELECTION A Selection of Freshly Prepared Salads Available Daily</p>	<p>WORLD FOOD BAR Pasta (v) Tomato Sauce (v)</p>	<p>DESSERT STATION Chef's Choice Fresh Fruit (vg) Jelly</p>
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SUNDAY

<p>MAINS Creamy Chicken Pie Cheese & Potato Pie (v)</p> <p>SIDES Roast Potatoes (v) Gravy (v) Garlic Roasted Green Beans(v) Cauliflower (v)</p>	<p>SALAD BAR SELECTION A Selection of Freshly Prepared Salads Available Daily</p>	<p>WORLD FOOD BAR Pasta (v) Tomato Sauce (v)</p>	<p>DESSERT STATION Chef's Choice Fresh Fruit (vg) Jelly</p>
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